

Quick Tips for Meeting with Your Legislator



1. PREPARE

Plan your talking points and do some background research on your legislator. Reviewing AFTD's advocacy talking points is a great place to start! This will help you connect with them on a personal level. You may share a hobby, sports team, or hometown!

2. SPEAK FROM THE HEART

Statistics can only take us so far. Share your personal story, how FTD has affected your life, and how legislation could help alleviate undue burden.

3. KEEP IT SIMPLE

Show your legislator that you value their time by keeping it short and focused. Stick to the basics and get to the point. The less complex, the more understandable!

4. LISTEN

It is crucial to allow your legislator time to respond. Conversate. Allow your legislator to ask questions or share information that they have on the issue. Keep distractions to a minimum. Silence or turn off all your devices.

5. DRESS TO IMPRESS

Be sure to wear **red**! Remember to wear the appropriate attire when representing AFTD to your legislators. Wearing red is always encouraged!

6. USE AFTD AS A RESOURCE

Don't have all the answers? That's okay! The best answer is always, "Great question! Let me reach out to AFTD and get back to you with more information." Ensure that your legislator knows that they can reach out to AFTD at any time. (advocacy@theaftd.org)

7. SAY THANK YOU

It's important to thank your legislator at the end of your visit and follow up with a call or email for their time and support towards AFTD's efforts

Important reminder! This is an election year and campaign season is underway. Please remember that AFTD cannot endorse or appear to endorse any candidate for state or national office.

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