

# 12<sup>TH</sup> ANNUAL CAREGIVERS CONFERENCE

Loretta Woodward Veney

## IN PERSON

October 13, 2023

10:00AM-4:15PM

Richland Community Center



This is a **FREE** event.  
Space is limited.  
Pre-registration  
required.

Richland  
Community Center  
500 Amon Park Drive  
Richland, WA

DSHS CEUs available  
for long-term care  
workers, up to  
5.0 credits.

Lunch and  
refreshments  
are included.

**Loretta Veney** is an author, speaker and trainer who for more than twenty-five years has motivated, taught and trained audiences throughout the United States and Europe.

Since her first book, *Being My Mom's Mom*, was published in 2013 Loretta has delivered more than 150 presentations on dementia and elder care planning for the Alzheimer's Association, Alzheimer's support groups, church groups and memory care facilities throughout the United States. Her presentations chronicle her nine year journey with her Mom's dementia as their parent - child roles have reversed.

To register for this event, visit  
<https://bit.ly/CAREGIVERS2023>  
or call (509) 943-8455.

## SCHEDULE

- 10:00AM KEYNOTE: BEING MY MOM'S MOM**  
*Loretta shares the importance of patience and forgiveness in caregiving and highlights the heartache and humor of dementia.*
- 11:00AM BREAK / VISIT THE VENDORS**  
**11:15AM AMAZING TOOLS TO LIGHTEN THE CAREGIVER LOAD**  
*Loretta reviews and discusses technology, tools and techniques designed to save time, provide assistance, safety, comfort and enjoyment for caregivers and those they are caring for!*
- 12:15PM COMPLIMENTARY LUNCH / VISIT THE VENDORS**  
**1:00PM MENTAL HEALTH FOR THE LONG TERM CAREGIVER**  
*Learn the ways that caregiving, especially long-term caregiving, can impact mental health and strategies that can help.*
- 2:00PM BREAK / VISIT THE VENDORS**  
**2:15PM ADVOCATING FOR OUR LOVED ONES**  
*Learn when to speak up and show up as situations arise.*
- 3:15PM BUILDING JOYFUL CAREGIVER EXPERIENCES**  
*Loretta will help participants focus on their values and joyful practices to build outstanding caregiver experiences for their loved ones or residents.*

Sponsors



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Kadlec Community Health  
Kadlec Neurological Resource Center